

heather c. lou / hclou ART

(she/her/hers)

artist & educator | queerly unique art | hclouart.com | #hclouart

artist statement

hclou is an angry gemini earth dragon, multiracial, asian, queer, cisgender, disabled, survivor, depressed, & anxious womxn of color artist based in minnesota. her mixed media pieces include watercolor, gold, block printing, digital art, poetry, radical love, & hope. to hclou, art is a form of healing, transformation, and liberation, rooted in womxnism & gender equity through a racialized borderland lens.

residencies

- Resident Artist, Big Brothers Big Sisters Minneapolis, Bridge for Youth, Minneapolis, September-December 2019
- Resident Artist, Reclaim, St. Paul, April 2019
- Resident Artist, Free Arts MN & Big Brothers Big Sisters, Omegon, Minnetonka, July-September 2018

selected exhibitions

- Artist and Curator, Womxn of Color Paintings, Minnesota Department of Human Services, St. Paul, 2019
- Artist, Logo Design, Upper Midwest QTPOC Conference, University of Minnesota, Minneapolis, 2019
- Artist, Logo Design, Urban Bird Collective, St. Paul, 2019
- Lead Visual Artist, Co-Organizer, and Vendor, Black, Indigenous, People of Color Art Pop-Up Events, Minneapolis, 2018-present
- Artist and Performer, Funny Asian Womxn Kollektive, St. Paul, 2018
- Artist, Inaugural Asian American Studies Student Journal Cover Art, University of Minnesota, Minneapolis, 2018
- Artist and Curator, "Four Pillars" Series, Macalester University, St. Paul, 2018
- Artist, Mahle Lecture "Ecowomxnist" Series, Hamline University, St. Paul, 2018
- Artist, Emergent Strategy Postcards, Dream World Art & Resistance, Public Functionary, Minneapolis, 2018
- Artist, Self-Care Holiday Cards, The Freedom Center for Social Justice, Charlotte, 2017
- Artist, Rad AZNs Zine, Minneapolis, 2017
- Artist and Curator, "womxn of color postcards & intersectional feminist gallery," Boneshaker Books, Minneapolis, 2017
- Artist, Twin Cities Zine Fest, Minneapolis, 2017-2019
- Artist, "fuck white supremacy (mixed media painting)", General Strike Gallery, CTUL, Minneapolis, 2017
- Artist, "choose to love (block print)", Social Justice Leadership Retreat, Mills College, Oakland, 2017
- Artist, "what is asian american mental health? (mixed media paintings), University of Minnesota Asian American Studies, Minneapolis, 2017
- Artist, "queer, trans, black & brown lives matter (block print)", Next Step Social Justice Retreat, University of Vermont, Burlington, 2017
- Artist, The Art of Healing Series: Centering Womxn of Color, University of Minnesota Gender Womxn's and Sexuality Studies, Minneapolis, 2016-2017
- Artist, "fuck white supremacy (selected poems and art)," Post-Election Open Mic, Third Space Gallery, Minneapolis, 2016
- Artist and Curator, "boobs, butts, and vulvas: inclusive reproductive justice (mixed media painting)," University of Minnesota Womxn's Center, Minneapolis, 2016
- Curator, "centering queer and trans womxn of color," Sexual Assault Awareness Month Gallery, University of California Davis Womxn's Resources & Research Center, Davis, 2016
- Curator, Ellen Hansen Memorial Art Gallery: Womxn's Empowerment, University of California Davis Womxn's Resources & Research Center, Davis, 2015-2016

selected facilitations

- Facilitator, process of emerging dialogue and art group, Oregon State University, Corvallis, OR, 2020
- Facilitator, people of color mental health watercolor workshop, University of Minnesota, Minneapolis, 2020
- Facilitator, art and resistance, Metropolitan State University, St. Paul, 2019
- Facilitator, zine making workshop, Kalamazoo College, Kalamazoo, MI, 2019
- Facilitator, art as healing, University of Minnesota, Minneapolis, 2019
- Facilitator, block print and activism workshop, San Jose State University, San Jose, CA, 2019
- Facilitator, queering tarot, ShiftMN & Reclaim, St. Paul, 2019
- Facilitator, QTPOC artists and navigating politics, Macalester College, St. Paul, 2019
- Facilitator, multiracial artists and resilience, National Conference on Race and Ethnicity, Portland, OR, 2019
- Facilitator, utilizing art for healing and radical self-care, Ohio State University, Columbus, 2018
- Facilitator, multiracial artists and sharing narratives with creativity, National Conference on Race and Ethnicity, New Orleans, LA, 2018

selected publications

- Author, a love letter(coloring book: color with hclou, St. Paul, MN, 2020)
- Author, "am I a real artist now?", www.mnartists.org, Minneapolis, 2019
- Author, clapback to microaggressions: a how-to guide zine, St. Paul, 2019
- Author, no energy vampires zine, St. Paul, 2018
- Author, a love letter: dedicated to womxn of color artists zine, Minneapolis, 2017
- Author, a love letter: reverse racism is not a thing zine, Minneapolis, 2017
- Author, "utilizing creativity for radical self care, resistance, and healing in postsecondary education," Engaging images: Utilizing visuals to understand and promote student development, research, pedagogy, and practice. Sterling, VA: Stylus Publishing, LLC. 2018.
- Author, "monster, broken," *Daughters of Violence: Bodies, Minds, Politics, Power!*, POC Online Classroom, Houston, 2017
- Author, "earth dragon," *Riksha Magazine*, riksha.com, 2017